

Optical induction of plasticity at single synapses reveals input-specific accumulation of α CaMKII

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Long-term potentiation (LTP), a form of synaptic plasticity, is a primary experimental model for understanding learning and memory formation. Here, we use light-activated channelrhodopsin-2 (ChR2) as a tool to study the molecular events that occur in dendritic spines of CA1 pyramidal cells during LTP induction. Two-photon uncaging of MNI-glutamate allowed us to selectively activate excitatory synapses on optically identified spines while ChR2 provided independent control of postsynaptic depolarization by blue light. Pairing of these optical stimuli induced lasting increase of spine volume and triggered translocation of α CaMKII to the stimulated spines. No changes in α CaMKII concentration or cytoplasmic volume were observed in neighboring spines on the same dendrite, providing evidence that α CaMKII accumulation at postsynaptic sites is a synapse-specific memory trace of coincident activity.

channelrhodopsin-2 | dendritic spines | synaptic plasticity | two-photon uncaging | MNI-glutamate

Activity-dependent changes in synaptic strength are generally considered to be the cellular basis of learning and memory (1). Long-term potentiation (LTP), the most extensively studied form of such synaptic plasticity, can be triggered within seconds by coincident activity in presynaptic and postsynaptic cells. The possible structural modifications that occur at synapses where LTP has been induced are poorly known because of the difficulty of simultaneously measuring functional and morphological parameters at individual synapses. Furthermore, it is controversial whether neighboring synapses can be modified independently (2–4). In a recent report, it has been shown that spatially clustered synapses can cooperate in the induction of plasticity and that cytoplasmic factors are responsible for this functional cross-talk (5). The identity of these diffusible factors, however, has not been clarified.

A key player in the LTP signaling cascade is α CaMKII, which is thought to function as a molecular switch: Following activation by Ca^{2+} -calmodulin, it can stay active for prolonged periods of time via autophosphorylation (6, 7). Reports that brief application of glutamate or NMDA to cultured hippocampal neurons induces CaMKII accumulation in spines (8–10) have created much interest because α CaMKII activation is both necessary and sufficient to induce synaptic plasticity (6, 11). It has been suggested that postsynaptic accumulation of α CaMKII could be responsible for the synapse-specificity of LTP, because it localizes the putative activated kinase close to its substrates, e.g., AMPA receptors (7, 12) and protects it from dephosphorylation (13). However, a crucial prediction of this hypothesis, namely that α CaMKII accumulates specifically and exclusively at synapses that undergo LTP, has never been tested experimentally.

To address whether α CaMKII accumulates specifically in spines experiencing coincident activity, we developed an all-optical pairing protocol to induce synaptic plasticity at identified spines, combining two-photon uncaging of MNI-glutamate (14) with postsynaptic channelrhodopsin-2 (ChR2) activation. Thus, we could avoid the washout problems typically associated with whole-cell patch clamp [see supporting information (SI) Fig. S1] while maintaining precise temporal control over the postsynaptic

depolarization. Spine morphology and α CaMKII concentration were monitored by two-photon ratiometric measurements. We show that paired stimulation of a single synapse can induce long-lasting α CaMKII accumulation at that synapse, but not at neighboring spines that were not exposed to glutamate.

Results

Novel Strategy for Non-Invasive LTP Induction. In the classical electrophysiological pairing protocol, presynaptic action potentials are paired with postsynaptic depolarization that is provided by current injection via a somatic patch electrode (15). Using this technique, plasticity has to be induced within 5–10 min after break-in, because important signaling molecules, e.g., CaMKII, are rapidly washed out (Fig. S1). Because our goal was to optically monitor the concentration of fluorescently labeled α CaMKII during the induction of plasticity, it was essential not to disturb the cytoplasm during the experiment. We therefore used the light-gated cation channel channelrhodopsin-2 (ChR2) (16) to depolarize individual postsynaptic cells in a noninvasive fashion.

Comparing protein concentrations in dendrites and spines presented a second challenge. Most dendritic spines were substantially smaller than the point spread function of our microscope. As a result, the fluorescence intensity of labeled α CaMKII in individual spines was determined by two unknown variables: The concentration of α CaMKII in the spine and the volume of that spine. Thus, fluorescence intensity measurements in a single-color channel were not sufficient to quantify differences in protein concentration between spines and dendrites. We solved this problem by cotransfection with a freely diffusible dimeric RFP, which served as a marker of cytosolic volume. We then used a ratiometric approach (green/red fluorescence intensity ratio) to compare the concentration of α CaMKII in spines of different size. The level of α CaMKII overexpression was generally low in our experiments ($\approx 13\%$ of endogenous α CaMKII, Fig. S2).

A fluorescently labeled version of ChR2 would have resulted in staining of the cell membrane and thus interfered with our α CaMKII measurements. To assess the expression level of ChR2 in individual cells, we combined unlabeled ChR2 and soluble RFP in a single plasmid with separate promoters, which resulted in very reliable coexpression (see SI Text). Using particle-mediated gene transfer, we cotransfected hippocampal neurons with two vectors encoding three different proteins: ChR2/RFP and Dronpa- α CaMKII (Fig. 1a). In response to blue light illumination (200 ms, 470 nm LED), transfected cells produced

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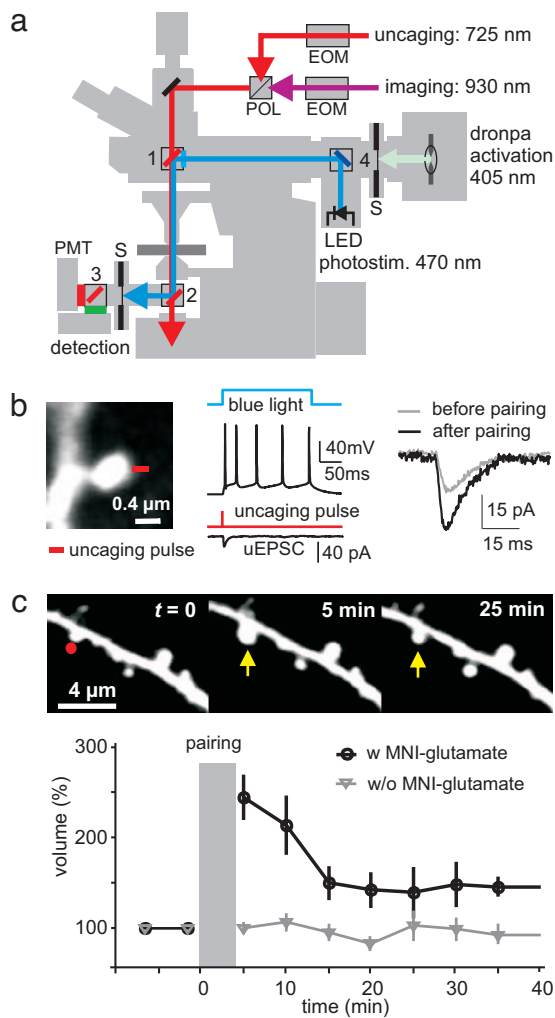


Fig. 2. Spine volume changes induced by pairing of glutamate uncaging and ChR2 activation. (a) Setup for simultaneous uncaging, imaging, and ChR2 stimulation. Two Ti:Sapph lasers were regulated by electro-optical modulators (EOM) and coupled through a polarizing beamsplitter cube (POL). A high-power blue LED coupled in through the epifluorescence port excited ChR2. Dichroic mirrors were 700DCXXR (1, 2), 560DCXR (3), and Q505LP (4). Photomultiplier tubes (PMT) were protected by a shutter (S) during the blue light pulses. (b) To induce plasticity at individual synapses, single uncaging pulses were paired with 200 ms blue light pulses 20 times at 0.1 Hz ($\Delta t = 0$). uEPSCs are averages of five consecutive traces each. (c) Spine volume change induced by optical pairing protocol in the presence of MNI-glutamate (RFP signal, maximum projections). Time course shows transient and permanent component (black circles, $n = 16$ spines, 8 cells). No volume changes were induced in the absence of MNI-glutamate (gray triangles, $n = 12$ spines, 5 cells).

$n = 80$) to its initial value, indicating free diffusion of the dimeric RFP (Fig. 3c). YFP- α CaMKII fluorescence, however, did not fully recover, indicating a fraction of α CaMKII molecules that were bound to postsynaptic sites. To quantify the unrecoverable fraction, we fit a single exponential function to the normalized fluorescence recovery data $F(t)$:

$$F(t) = 1 - f_U - f_S e^{-\frac{t}{\tau}}$$

where f_U and f_S are the unrecoverable and soluble fraction of total α CaMKII, respectively, and τ is the recovery time constant. For wild-type YFP- α CaMKII, the unrecoverable fraction was $21\% \pm 12\%$ (mean \pm SD). To test whether binding depended on

the phosphorylation state of α CaMKII, we generated a double mutant (TT305/6VA) where two inhibitory autophosphorylation sites were removed. The threshold for kinase activation and for LTP induction is known to be lowered in the TT305/6VA mutant (21–23). Indeed, cells transfected with mutant α CaMKII had a significantly higher unrecoverable fraction of $42\% \pm 28\%$ ($P < 0.05$). Time constants of recovery, however, were not significantly different for WT and mutant α CaMKII (median $\tau_{WT} = 12.5$ s; $\tau_{TTVA} = 14.3$ s), suggesting that the mobility of the soluble fraction was not influenced by the mutation. As expected, the S/D ratio and the unrecoverable fraction were correlated in individual spines, but individual measurements deviated from the expected relationship (curve in Fig. 3d). The deviation suggests that the assumption of a single, uniform population of bound α CaMKII molecules was probably an oversimplification. More likely, subpopulations of bound α CaMKII in the spine head turn over on multiple time scales (see ref. 36). On the basis of these considerations, we decided to rely on ratio measurements rather than on FRAP to assess the effects of LTP on α CaMKII binding.

Spine Enlargement Precedes the Input-Specific Accumulation of α CaMKII. α CaMKII translocation into spines after global chemical stimulation has been demonstrated previously (8, 24, 25). Here, our question was whether α CaMKII translocation is detectable, specific, and persistent following potentiation of a single synapse. A concern for optical concentration measurements of fluorescently labeled proteins is potential bleaching artifacts during time-lapse imaging and glutamate uncaging. To minimize this problem, we labeled α CaMKII with the photo-switchable GFP Dronpa-Green, which can be reactivated after bleaching by brief UV illumination (26). From a series of control experiments, we estimated that $\approx 95\%$ of bleached Dronpa- α CaMKII was reactivated by low-power illumination at 405 nm (Fig. S3). We cotransfected CA1 pyramidal cells with Dronpa- α CaMKII, RFP, and unlabeled ChR2. Image stacks were obtained every 4 min, and Dronpa fluorescence was reactivated before each acquisition. We verified that UV illumination did not induce spiking of ChR2-transfected cells (Fig. S3). After optical LTP induction, the majority of spines (18/23 experiments) responded with a rapid increase in spine head volume. Persistent spine enlargement has been linked previously to successful LTP induction at the spine synapse (2, 5). Therefore, we split our sample of stimulated spines in two different groups: spines that responded with a persistent volume increase to the pairing protocol and spines that did not (Fig. 4b). We also analyzed neighboring spines on the same dendrite that were not directly stimulated (average distance from the stimulated spine: $5.5 \mu\text{m}$). We then compared α CaMKII enrichment (spine/dendrite) in the three groups (Fig. 4c). Only in the group of spines with persistent volume increases did we detect a significant increase in the concentration α CaMKII at $t = 13$ min after the onset of stimulation ($P < 0.05$, see also Fig. S4). Interestingly, all groups had the same α CaMKII concentration before stimulation, indicating that the initial α CaMKII level had no predictive value for the type of volume change (transient vs. persistent) induced by the pairing stimulation. In neighboring unstimulated spines, we did not detect an increase in α CaMKII concentration, indicating high spatial specificity of α CaMKII enrichment. We noted that spine enlargement preceded the input-specific accumulation of α CaMKII: Whereas spine volume reached its maximum immediately after stimulation, α CaMKII concentration reached its peak ≈ 10 min later. Using the spine/dendrite ratio before stimulation as a starting point, we calculated changes in the amount of bound and soluble α CaMKII in stimulated and nonstimulated spines (Fig. 4d). This analysis revealed that in the

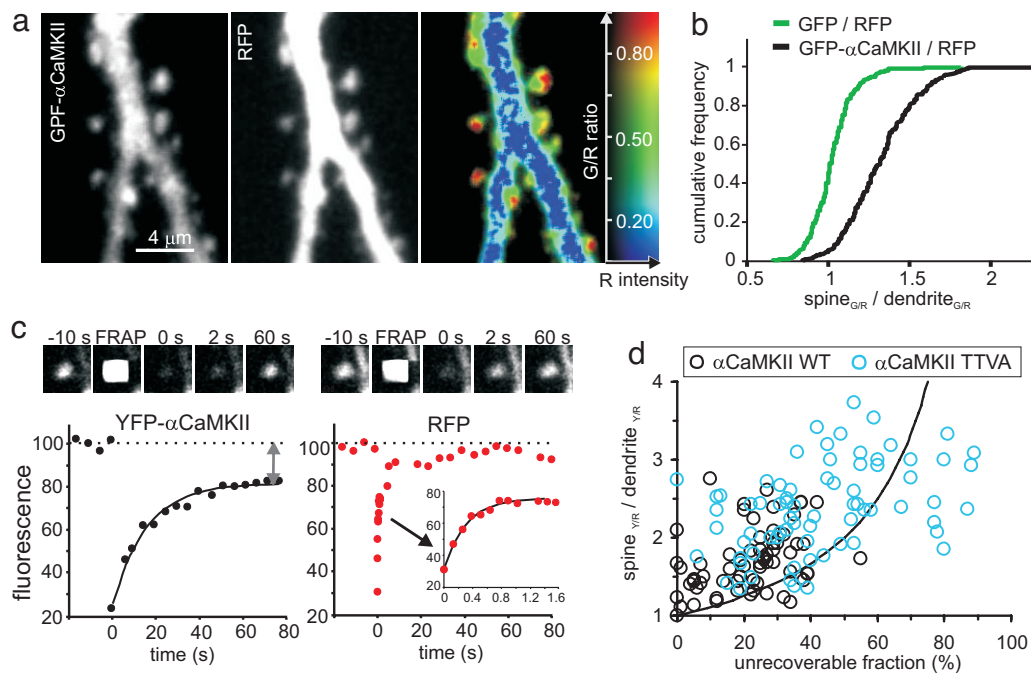


Fig. 3. Enrichment of α CaMKII in spines. (a) CA1 pyramidal cell dendrite expressing GFP- α CaMKII and RFP (maximum intensity projections, grayscale saturated to show dim spines). Left: GFP- α CaMKII signal. Middle: Cytoplasmic volume (RFP). Right: Color-coded ratio of α CaMKII/volume (G/R), indicating elevated α CaMKII concentration in spines. (b) Cumulative distribution of G/R ratio (protein concentration) in spines relative to parent dendrite (S/D ratio). α CaMKII, but not GFP, is enriched in dendritic spines. GFP, $n = 286$ spines, 3 cells, median S/D ratio = 1.01; GFP- α CaMKII, $n = 80$ spines, 4 cells, median S/D ratio = 1.32. (c) FRAP analysis on a dendritic spine expressing YFP- α CaMKII and RFP. Black dots: YFP- α CaMKII fluorescence intensity in spine. Black line: single exponential fit. Note $\approx 20\%$ unrecoverable fraction. Red dots: RFP fluorescence. Note rapid (insert) and complete recovery of fluorescence. RFP showed much faster recovery following photobleaching than YFP- α CaMKII ($\tau_{RFP} = 0.31$ s, $\tau_{YFP-\alpha CaMKII} = 16$ s). (d) Correlation between FRAP and spine/dendrite (s/d) ratio measurements in individual spines. YFP- α CaMKII TT305/306VA mutant showed higher unrecoverable fraction (f_u) and higher enrichment in spines compared with wild-type α CaMKII. Black line: predicted correlation $f_u = 1 - 1/(s/d)$.

spines with a persistent increase in volume, the *absolute amount* of bound α CaMKII in the spine had approximately doubled 30–40 min after stimulation. The bound *fraction*, however, peaked transiently ≈ 10 min after stimulation, but later returned to baseline (29% before stimulation, 33% 30–40 min after stimulation). These experiments suggest that paired stimulation moved 10 of 23 spines to a new stable state, characterized by an increased amount of both soluble and bound α CaMKII and a larger volume. No significant volume or α CaMKII changes were detected in neighboring spines on the same dendrite.

Induction of Long-Term Plasticity by Synaptic Activation. Glutamate uncaging is a convenient way to stimulate individual dendritic spines, but the glutamate concentration in the synaptic cleft depends on intensity and duration of the laser pulse (5). If our observations following optical pairing (Figs. 3 and 4) were indeed characteristic for LTP, similar changes would be expected following high frequency electrical activation of Schaffer collaterals, another well established LTP induction protocol. To identify synaptically stimulated spines, we used post hoc calcium imaging: First, spiny dendrites of transfected CA1 pyramidal cells were imaged while stimulating Schaffer collateral axons at high frequency (3×1 s, 100 Hz). After time-lapse imaging of a transfected cell for ≈ 40 min, we patch clamped the same cell to infuse a calcium sensitive dye (Fluo 4FF) and Alexa-Fluor 594. Although the plasticity-inducing tetanic stimulation was applied under blind conditions, we could reactivate the same set of synapses by applying short bursts (3 APs) to the stimulation electrode. In four experiments, we successfully identified synaptically stimulated spines by post hoc Ca^{2+} imaging (Fig. S5). Analysis of the volume-filling RFP fluorescence in the synaptically stimulated spines revealed that the LTP protocol induced

a rapid volume increase with a large persistent component. The total amount of α CaMKII also increased in the stimulated spines, peaking 5 min after stimulation. Analysis of the soluble and bound fraction in the tetanized spines revealed that 25–35 min after stimulation, the amount of bound α CaMKII was increased by a factor of 2.0 (Fig. S5). In summary, the physiological and morphological consequences of high-frequency stimulation were remarkably similar to the changes we observed after pairing of glutamate uncaging with postsynaptic depolarization by ChR2. This indicates that persistent spine volume increase and synapse-specific binding of α CaMKII are hallmarks of LTP in CA1 pyramidal neurons.

Discussion

Here, we show that paired activation of a single synapse on a single cell leads to long-lasting enrichment of α CaMKII at that synapse. Our study highlights several advantages of plasticity induction by optical pairing. Unlike chemical LTP and zero Mg^{2+} protocols (25, 27, 28), optical pairing does not lead to unspecific activation of the entire tissue. Therefore, activity-induced changes at individual synapses can be studied in an unperturbed cellular environment. The spatial resolution is clearly superior to local perfusion approaches, which have been used previously to probe the input specificity of LTP and CaMKII translocation (4, 23). Degrading electrical access or cell health, which limits the duration of electrophysiological recordings, is not an issue in the all-optical experiments. Most importantly, the intracellular milieu of the postsynaptic cell is not affected, permitting detection of subtle changes in protein concentration.

Two previous studies have established the tight correlation between lasting increases in spine volume and LTP of uncaging-

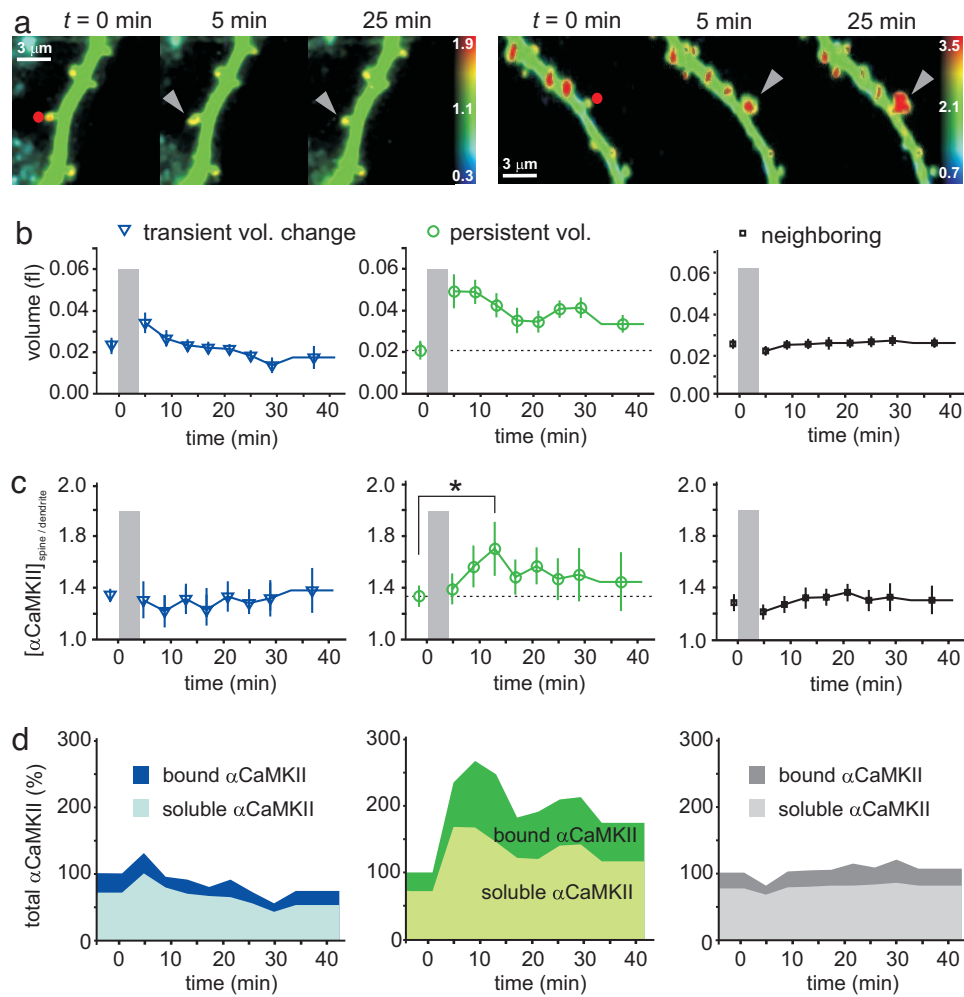


Fig. 4. Input-specific accumulation of α CaMKII. (a) Maps of α CaMKII concentration. Stimulated spines (red dot) showed either transient (left) or persistent increase in volume and α CaMKII concentration (right). (b) Spine volume changes in response to optical pairing protocol. Stimulated spines were sorted into two groups according to their volume 30–40 min after pairing (transient spines: $<30\%$ change, $n = 13$; persistent spines, $>30\%$ change, $n = 10$). Right panel: neighboring, nonstimulated spines on the same dendrite show no significant volume change (mean distance from stimulated spine: $5.5 \mu\text{m} \pm 0.9 \mu\text{m}$, $n = 110$). (c) α CaMKII enrichment in spines: α CaMKII concentration (G/R) in spine normalized by α CaMKII concentration (G/R) in dendrite. Spines were sorted according to persistence of volume change as described in b. Significant α CaMKII enrichment was detected in persistently enlarged spines at $t = 13$ min (paired t test, one-tailed, $P < 0.05$), but not in the group that responded only with transient swelling. Note identical α CaMKII concentration in both groups before stimulation. Right panel: neighboring, nonstimulated spines showed no significant change in α CaMKII concentration. (d) Soluble and bound fraction calculated from data shown in c and b (see *SI Text*). In the spines that responded with persistent volume change to paired stimulation (middle panel), the amount of both bound and soluble α CaMKII was persistently increased by a factor of 2.0 and 1.6, respectively.

evoked EPSPs (2, 5). Moreover, spine shrinkage was reported following the induction of long-term depression (29). Here, we report lasting spine volume increase following LTP induction by tetanic activation of Schaffer collaterals (Fig. S5) and in response to optical pairing (Figs. 2 and 4). To minimize photo-damage and bleaching in our pairing experiments, we used a relatively weak induction protocol (20 uncaging pulses at 0.1 Hz, 0.5 ms pulse duration, 3–5 postsynaptic APs) compared with previously used uncaging protocols [60 pulses at 1 Hz in zero Mg^{2+} solution (2); 30 pulses of 4 ms at 0.5 Hz, $V_m = 0$ mV (5)]. As expected, our protocol induced lasting volume increases only in a subset of spines. This variability in the plasticity of CA3-CA1 connections was also apparent in our electrophysiological experiments using the same number and frequency of paired stimulations (Fig. 1d) and is consistent with previous studies (17, 19, 20). Because glutamate uncaging bypasses the presynaptic terminal, the differential sensitivity to optical pairing can be attributed to postsynaptic differences. We show that neither the initial spine volume nor the initial α CaMKII concentration

could be used to predict the response of a spine to pairing stimulation (Fig. 4 b and c). Nevertheless, optical pairing provides the first noninvasive approach to investigate which biological parameters control the threshold for plasticity induction at individual synapses.

Translocation of α CaMKII to postsynaptic sites has been previously reported after extracellular glutamate application or “chemical LTP” (8, 10, 23, 25). Here, our goal was to investigate whether this enrichment is restricted to synapses that experience plasticity-inducing stimulation. We show that the concentration of α CaMKII increased significantly only in those spines that underwent lasting volume changes (Fig. 4). High-frequency synaptic stimulation (100 Hz, 1 s) induced very similar increases in both soluble and bound α CaMKII (Fig. S5), indicating that α CaMKII enrichment was not an artifact of uncaging stimulation. Spines that were not directly stimulated sometimes increased or decreased their volume spontaneously, but on average, no significant α CaMKII loss or gain was detected. In a previous study, it has been shown that following plasticity

induction at individual spines, the threshold for LTP induction is lowered in neighboring spines (5). Although α CaMKII can maintain its activation state for some time by autophosphorylation and is thus a potential candidate for a short-range communication system (7), we found no indication of functional cross-talk between neighboring spines on the level of α CaMKII.

Given the time constant of α CaMKII diffusion measured in our FRAP experiments ($\tau = 12.5$ s), the α CaMKII increase in the stimulated spines was surprisingly slow. In a recent study, a rapid increase in the diffusional resistance of the spine neck following paired stimulation was reported (30), which could conceivably slow down diffusion of a large protein like CaMKII and thus limit the number of CaMKII molecules available for binding. A second possibility is the slow generation of additional binding sites for α CaMKII by structural enlargement of the PSD in the first 5–10 min following potentiation. Interestingly, a similarly protracted time course was reported for the AMPA receptor subunit GluR1 in a previous study, peaking 6 min after induction of chemical LTP (31). The similar time course and the persistent, 2-fold increase in the amount of bound α CaMKII we report here is consistent with a structural role of α CaMKII in anchoring glutamate receptors to the postsynaptic density (7, 32, 33). Under baseline conditions, the amount of bound α CaMKII correlates with spine size and synaptic strength, but the ratio between bound and soluble α CaMKII does not (33). This static picture can be understood in the light of our time-resolved study, where we show that 30–40 min after the potentiation event, the equilibrium between bound and soluble α CaMKII returned to values close to the baseline level, but the absolute amount of

α CaMKII in potentiated spines had doubled (Fig. 4d, Fig. S5). For the inhibition-deficient mutant TT305/6VA, we measured a significantly higher ratio of bound to soluble α CaMKII (Fig. 3d), indicating that this ratio depends on the level of α CaMKII activation in the spine. Recently, it has been demonstrated that LTP can be partially reversed by blocking CaMKII activity, providing evidence for its role in the maintenance of synaptic strength (34). In summary, the insertion of additional AMPA receptors, which is the accepted structural correlate of LTP at Schaffer collateral synapses (2), seems to be linked with a lasting increase in spine volume and binding of additional α CaMKII to postsynaptic sites. Here, we show that these changes can be induced with single-spine specificity, validating Hebb's postulate on the micrometer scale.

Methods

Plasmid Construction. We constructed a single plasmid for neuron-specific coexpression of ChR2-YFP (K. Deisseroth) and dimeric RFP (tdimer2, R. Y. Tsien). Details are provided in *SI Text*.

Slice Culture and Electrophysiology. Organotypic hippocampal slices were prepared from Wistar rats at postnatal day 5 as described in ref. 35, in accordance with the animal care and use guidelines of the Veterinary Department Basel-Stadt. Patch-clamp recordings were performed at 30–32°C as described in *SI Text*.

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