Optical induction of plasticity at single synapses reveals input-specific accumulation of αCaMKII

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Long-term potentiation (LTP), a form of synaptic plasticity, is a primary experimental model for understanding learning and memory formation. Here, we use light-activated channelrhodopsin-2 (ChR2) as a tool to study the molecular events that occur in dendritic spines of CA1 pyramidal cells during LTP induction. Two-photon uncaging of MNI-glutamate allowed us to selectively activate excitatory synapses on optically identified spines while ChR2 provided independent control of postsynaptic depolarization by blue light. Pairing of these optical stimuli induced lasting increase of spine volume and triggered translocation of αCaMKII to the stimulated spines. No changes in αCaMKII concentration or cytoplasmic volume were observed in neighboring spines on the same dendrite, providing evidence that αCaMKII accumulation at postsynaptic sites is a synapse-specific memory trace of coincident activity.

A key player in the LTP signaling cascade is αCaMKII, which is thought to function as a molecular switch: Following activation by Ca<sup>2+</sup>/calmodulin, it can stay active for prolonged periods of time via a putative activation kinase. Here, we present a first demonstration that LTP can be triggered in individual dendritic spines by optical stimulation of individual synapses. The possibility of such a postsynaptic action was suggested by experiments showing that coincident activity in presynaptic and postsynaptic cells can trigger plasticity even when the postsynaptic site is not exposed to glutamate. However, a crucial prediction of this hypothesis, namely that cytoplasmic factors are responsible for this functional cross-talk, has not been clarified.

Activity-dependent changes in synaptic strength are generally considered to be the cellular basis of learning and memory (1). Long-term potentiation (LTP), the most extensively studied form of such synaptic plasticity, can be triggered within seconds by coincident activity in presynaptic and postsynaptic cells. The possible structural modifications that occur at synapses where LTP has been induced are poorly known because of the difficulty of simultaneously measuring functional and morphological parameters at individual synapses. Furthermore, it is controversial whether neighboring synapses can be modified independently (2–4). In a recent report, it has been shown that spatially clustered synapses can cooperate in the induction of plasticity and that cytoplasmic factors are responsible for this functional cross-talk (5). The identity of these diffusible factors, however, has not been clarified.

A key player in the LTP signaling cascade is αCaMKII, which is thought to function as a molecular switch: Following activation by Ca<sup>2+</sup>/calmodulin, it can stay active for prolonged periods of time. Reports that brief application of glutamate or NMDA to cultured hippocampal neurons induces CaMKII accumulation in spines (8–10) have created much interest because αCaMKII activation is both necessary and sufficient to induce synaptic plasticity (6, 11). It has been suggested that postsynaptic accumulation of αCaMKII could be responsible for the synaptic specificity of LTP, because it localizes to the putative activated kinase close to its substrates, e.g., AMPA receptors (7, 12) and protects it from dephosphorylation (13). However, a crucial prediction of this hypothesis, namely that αCaMKII accumulates specifically and exclusively at synapses that undergo LTP, has never been tested experimentally.

To address whether αCaMKII accumulates specifically in spines experiencing coincident activity, we developed an all-optical pairing protocol to induce synaptic plasticity at identified spines, combining two-photon uncaging of MNI-glutamate (14) with postsynaptic channelrhodopsin-2 (ChR2) activation. Thus, we could avoid the washout problems typically associated with whole-cell patch clamp (see supporting information (SI) Fig. S1) while maintaining precise temporal control over the postsynaptic depolarization. Spine morphology and αCaMKII concentration were monitored by two-photon ratiometric measurements. We show that paired stimulation of a single synapse can induce long-lasting αCaMKII accumulation at that synapse, but not at neighboring spines that were not exposed to glutamate.

Results

Novel Strategy for Non-Invasive LTP Induction. In the classical electrophysiological pairing protocol, presynaptic activity potentials are paired with postsynaptic depolarization that is provided by current injection via a somatic patch electrode (15). Using this technique, plasticity has to be induced within 5–10 min after break-in, because important signaling molecules, e.g., CaMKII, are rapidly washed out (Fig. S1). Because our goal was to optically monitor the concentration of fluorescently labeled αCaMKII during the induction of plasticity, it was essential not to disturb the cytoplasm during the experiment. We therefore used the light-gated cation channel channelrhodopsin-2 (ChR2) (16) to depolarize individual postsynaptic cells in a noninvasive fashion.

Comparing protein concentrations in dendrites and spines presented a second challenge. Most dendritic spines were substantially smaller than the point spread function of our microscope. As a result, the fluorescence intensity of labeled αCaMKII in individual spines was determined by two unknown variables: The concentration of αCaMKII in the spine and the volume of that spine. Thus, fluorescence intensity measurements in a single-color channel were not sufficient to quantify differences in protein concentration between spines and dendrites. We solved this problem by cotransfection with a freely diffusible dimeric RFP, which served as a marker of cytosolic volume. We then used a ratiometric approach (green/red fluorescence intensity ratio) to compare the concentration of αCaMKII in spines of different size. The level of αCaMKII overexpression was generally low in our experiments (~13% of endogenous αCaMKII, Fig. S2).

A fluorescently labeled version of ChR2 would have resulted in staining of the cell membrane and thus interfered with our measurements. To assess the expression level of ChR2 in individual cells, we combined unlabeled ChR2 and soluble RFP in a single plasmid with separate promoters, which resulted in very low coexpression (see SI Text). Using particle-mediated gene transfer, we cotransfected hippocampal neurons with two vectors encoding three different proteins: ChR2/RFP and Dronpa-αCaMKII (Fig. 1a). In response to blue light illumination (200 ms, 470 nm LED), transfected cells produced...
shown that light-induced spiking is accompanied by calcium influx through voltage-gated calcium channels and through ChR2 itself (17, 18). Therefore, it was important to test whether light-induced spiking could trigger synaptic plasticity in the absence of presynaptic activity. In control experiments in which repetitive blue light stimulation was not paired with presynaptic activation, postsynaptic response amplitudes remained unchanged (107% ± 16%, Fig. 1d). We conclude that coincident stimulation was needed to induce LTP on cells expressing ChR2 and αCaMKII, analogous to the classical electrophysiological pairing protocol (17, 19, 20).

**Spine Volume Changes Induced by Pairing of Glutamate Uncaging and Blue Light.** Having established that postsynaptic depolarization by optical activation of ChR2 is sufficient for pairing-induced LTP, the next step was to replace the electrophysiological stimulation of CA3 axons by 2-photon glutamate uncaging at individual spines. For this purpose, we combined two Ti:Sapph lasers for simultaneous 2-photon uncaging and 2-photon imaging (Fig. 2a). Uncaging laser power (725 nm) was adjusted such that uncaging-evoked excitatory postsynaptic currents (uEPSCs) had amplitudes of 15.2 pA ± 1.8 pA (laser power, ~50 mW, pulse duration, 0.5 ms) similar to spontaneous miniature EPSCs (mEPSC = 18 pA ± 3 pA, n = 7 cells, data not shown). To induce LTP at individual spines of transfected cells, we paired single glutamate uncaging pulses with 200 ms blue light pulses (20 pairings at 0.1 Hz, Δt = 0). In a set of cells that were not used for morphometric analysis, we verified by patch-clamp recording that this optical pairing protocol, but not glutamate uncaging without simultaneous ChR2 activation (20 pulses at 0.1 Hz), resulted in a lasting increase in uEPSC amplitude (Fig. 2b). To monitor spine morphology in 3D, we acquired stacks of 20 image planes at 5-min intervals. The integrated intensity of the spine head was used as a measure of spine volume (see SI Text). Stimulated spines responded with a rapid volume expansion by a factor of 2.4, on average (Fig. 2c). Spine volume partially decreased during the following 15 min, but most stimulated spines (11/16) remained enlarged 30–40 min after stimulation. In a separate set of control experiments, using identical pairing of blue light and uncaging laser pulses in the absence of NMDA-glutamate, we did not detect any spine enlargement (Fig. 2c) and thus could rule out any unspecific effects induced by the uncaging laser pulse itself.

**αCaMKII Concentration in Dendritic Spines.** By calculating the fluorescence intensity ratio between GFP-αCaMKII and RFP on a pixel-by-pixel basis (G/R), we were able to compare the concentration of αCaMKII in spines of different size (Fig. 3a). To pool spine data from cells with different relative expression levels of GFP-αCaMKII and RFP, we normalized the G/R ratio in the spine by G/R ratio in the dendrite (S/D ratio). The S/D ratio is a measure of αCaMKII enrichment in spines independent of spine volume. Under baseline conditions, αCaMKII in spines was enriched by a factor of 1.32 relative to the dendrite (Fig. 3b), suggesting that ~24% of total αCaMKII in spines was bound to postsynaptic sites (see SI Methods). To test for potential measurement artifacts because of the different signal-to-noise ratio in spines and dendrites, we also determined S/D ratios of soluble EGFP/RFP. S/D ratios were normally distributed with a mean of 1.01, indicating that our ratiometric approach was indeed volume independent.

An alternative method to distinguish bound and soluble fraction is fluorescence recovery after photobleaching (FRAP) (8). For these experiments, we cotransfected cells with RFP and YFP-αCaMKII, which could be readily bleached using 2-photon excitation at 910 nm. After a brief laser pulse that bleached 70–80% of the fluorescent molecules in the spine, fluorescence in the red color channel recovered rapidly (median τ = 0.28 s,
For wild-type YFP-CaMKII, we generated a double mutant (TT305/6VA) where two inhibitory autophosphorylation sites were removed. The threshold for kinase activation and for LTP induction is known to be lowered in the TT305/6VA mutant (21–23). Indeed, cells transfected with mutant CaMKII had a significantly higher unrecoverable fraction of 42% ± 28% (P < 0.05). Time constants of recovery, however, were not significantly different for WT and mutant CaMKII (median τWT = 12.5 s; τTTVA = 14.3 s), suggesting that the mobility of the soluble fraction was not influenced by the mutation. As expected, the S/D ratio and the unrecoverable fraction were correlated in individual spines, but individual measurements deviated from the expected relationship (curve in Fig. 3d). The deviation suggests that the assumption of a uniform, single population of bound CaMKII molecules was probably an oversimplification. More likely, subpopulations of bound CaMKII in the spine head turn over on multiple time scales (see ref. 36). On the basis of these considerations, we decided to rely on ratio measurements rather than on FRAP to assess the effects of LTP on CaMKII binding.

Spine Enlargement Precedes the Input-Specific Accumulation of CaMKII. CaMKII translocation into spines after global chemical stimulation has been demonstrated previously (8, 24, 25). Here, our question was whether CaMKII translocation is detectable, specific, and persistent following potentiation of a single synapse. A concern for optical concentration measurements of fluorescently labeled proteins is potential bleaching artifacts during time-lapse imaging and glutamate uncaging. To minimize this problem, we labeled CaMKII with the photoswitchable GFP Dronpa-Green, which can be reactivated after bleaching by brief UV illumination (26). From a series of control experiments, we estimated that ≈95% of bleached Dronpa-CaMKII was reactivated by low-power illumination at 405 nm (Fig. S3). We cotransfected CA1 pyramidal cells with Dronpa-CaMKII, RFP, and unlabeled ChR2. Image stacks were obtained every 4 min, and Dronpa fluorescence was reactivated before each acquisition. We verified that UV illumination did not induce spiking of ChR2-transfected cells (Fig. S3). After optical LTP induction, the majority of spines (18/23 experiments) responded with a rapid increase in spine head volume. Ten of these 18 spines were still enlarged 30–40 min after stimulation (Fig. 4a, right example). Persistent spine enlargement has been linked previously to successful LTP induction at the spine synapse (2, 5). Therefore, we split our sample of stimulated spines in two different groups: spines that responded with a persistent volume increase to the pairing protocol and spines that did not (Fig. 4b). We also analyzed neighboring spines on the same dendrite that were not directly stimulated (average distance from the stimulated spine: 5.5 μm). We then compared CaMKII enrichment (spine/dendrite) in the three groups (Fig. 4c). Only in the group of spines with persistent volume increases did we detect a significant increase in the concentration CaMKII at t = 13 min after the onset of stimulation (P < 0.05, see also Fig. S4). Interestingly, all groups had the same CaMKII concentration before stimulation, indicating that the initial CaMKII level had no predictive value for the type of volume change (transient vs. persistent) induced by the pairing stimulation. In neighboring unstimulated spines, we did not detect an increase in CaMKII concentration, indicating high spatial specificity of CaMKII enrichment. We noted that spine enlargement preceded the input-specific accumulation of CaMKII: Whereas spine volume reached its maximum immediately after stimulation, CaMKII concentration reached its peak ≈10 min later. Using the spine/dendrite ratio before stimulation as a starting point, we calculated changes in the amount of bound and soluble CaMKII in stimulated and nonstimulated spines (Fig. 4d). This analysis revealed that in the

n = 80) to its initial value, indicating free diffusion of the dimeric RFP (Fig. 3c). YFP-αCaMKII fluorescence, however, did not fully recover, indicating a fraction of αCaMKII molecules that were bound to postsynaptic sites. To quantify the unrecoverable fraction, we fit a single exponential function to the normalized fluorescence recovery data $F(t)$:

$$F(t) = 1 - f_U - f_S e^{-t/\tau}$$

where $f_U$ and $f_S$ are the unrecoverable and soluble fraction of total αCaMKII, respectively, and $\tau$ is the recovery time constant. For wild-type YFP-αCaMKII, the unrecoverable fluorescence was 21% ± 12% (mean ± SD). To test whether binding depended on the phosphorylation state of αCaMKII, we generated a double mutant (TT305/6VA) where two inhibitory autophosphorylation sites were removed. The threshold for kinase activation and for LTP induction is known to be lowered in the TT305/6VA mutant (21–23). Indeed, cells transfected with mutant αCaMKII had a significantly higher unrecoverable fraction of 42% ± 28% (P < 0.05). Time constants of recovery, however, were not significantly different for WT and mutant αCaMKII (median $\tau_{WT} = 12.5$ s; $\tau_{TTVA} = 14.3$ s), suggesting that the mobility of the soluble fraction was not influenced by the mutation. As expected, the S/D ratio and the unrecoverable fraction were correlated in individual spines, but individual measurements deviated from the expected relationship (curve in Fig. 3d). The deviation suggests that the assumption of a uniform, single population of bound αCaMKII molecules was probably an oversimplification. More likely, subpopulations of bound αCaMKII in the spine head turn over on multiple time scales (see ref. 36). On the basis of these considerations, we decided to rely on ratio measurements rather than on FRAP to assess the effects of LTP on αCaMKII binding.

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spines with a persistent increase in volume, the absolute amount of bound αCaMKII in the spine had approximately doubled 30–40 min after stimulation. The bound fraction, however, peaked transiently ~10 min after stimulation, but later returned to baseline (29% before stimulation, 33% 30–40 min after stimulation). These experiments suggest that paired stimulation moved 10 of 23 spines to a new stable state, characterized by an increased amount of both soluble and bound αCaMKII and a larger volume. No significant volume or αCaMKII changes were detected in neighboring spines on the same dendrite.

**Induction of Long-Term Plasticity by Synaptic Activation.** Glutamate uncaging is a convenient way to stimulate individual dendritic spines, but the glutamate concentration in the synaptic cleft depends on intensity and duration of the laser pulse (5). If our observations following optical pairing (Figs. 3 and 4) were indeed characteristic for LTP, similar changes would be expected following high frequency electrical activation of Schaffer collaterals, another well established LTP induction protocol. To identify synthetically stimulated spines, we used post hoc calcium imaging: First, spiny dendrites of transfected CA1 pyramidal cells were imaged while stimulating Schaffer collateral axons at high frequency (3 × 1 s, 100 Hz). After time-lapse imaging of a transfected cell for ~40 min, we patch clamped the same cell to infuse a calcium sensitive dye (Fluo 4FF) and Alexa-Fluor 594. Although the plasticity-inducing tetanic stimulation was applied under blind conditions, we could reactivate the same set of synapses by applying short bursts (3 APs) to the stimulation electrode. In four experiments, we successfully identified synthetically stimulated spines by post hoc Ca²⁺ imaging (Fig. S5). Analysis of the volume-filling RFP fluorescence in the synthetically stimulated spines revealed that the LTP protocol induced a rapid volume increase with a large persistent component. The total amount of αCaMKII also increased in the stimulated spines, peaking 5 min after stimulation. Analysis of the soluble and bound fraction in the tetanized spines revealed that 25–35 min after stimulation, the amount of bound αCaMKII was increased by a factor of 2.0 (Fig. S5). In summary, the physiological and morphological consequences of high-frequency stimulation were remarkably similar to the changes we observed after pairing of glutamate uncaging with postsynaptic depolarization by ChR2. This indicates that persistent spine volume increase and synapse-specific binding of αCaMKII are hallmarks of LTP in CA1 pyramidal neurons.

**Discussion**

Here, we show that paired activation of a single synapse on a single cell leads to long-lasting enrichment of αCaMKII at that synapse. Our study highlights several advantages of plasticity induction by optical pairing. Unlike chemical LTP and zero Mg²⁺ protocols (25, 27, 28), optical pairing does not lead to unspecific activation of the entire tissue. Therefore, activity-induced changes at individual synapses can be studied in an unperturbed cellular environment. The spatial resolution is clearly superior to local perfusion approaches, which have been used previously to probe the input specificity of LTP and CaMKII translocation (4, 23). Degrading electrical access or cell health, which limits the duration of electrophysiological recordings, is not an issue in the all-optical experiments. Most importantly, the intracellular milieu of the postsynaptic cell is not affected, permitting detection of subtle changes in protein concentration.

Two previous studies have established the tight correlation between lasting increases in spine volume and LTP of uncaging-
Right panel: neighboring, nonstimulated spines showed no significant change in volume following LTP induction by tetanic activation of Schaffer collaterals (Fig. S5) and in re-

evoked EPSPs (2, 5). Moreover, spine shrinkage was reported following the induction of long-term depression (29). Here, we report lasting spine volume increase following plasticity-inducing stimulation. We show that the concentration of \( \alpha \text{CaMKII} \) increased significantly only in those spines that underwent lasting volume changes (Fig. 4). High-frequency synaptic stimulation (100 Hz, 1 s) induced very similar increases in both soluble and bound \( \alpha \text{CaMKII} \) (Fig. 5), indicating that \( \alpha \text{CaMKII} \) enrichment was not an artifact of uncaging stimulation. Spines that were not directly stimulated sometimes increased or decreased their volume spontaneously, but on average, no significant \( \alpha \text{CaMKII} \) loss or gain was detected. In a previous study, it has been shown that following plasticity
induction at individual spines, the threshold for LTP induction is lowered in neighboring spines (5). Although αCaMKII can maintain its activation state for some time by autophosphorylation and is thus a potential candidate for a short-range communication system (7), we found no indication of functional cross-talk between neighboring spines on the level of αCaMKII. Given the time constant of αCaMKII diffusion measured in our FRAP experiments (τ = 12.5 s), the αCaMKII increase in the stimulated spines was surprisingly slow. In a recent study, a rapid increase in the diffusional resistance of the spine neck following paired stimulation was reported (30), which could conceivably slow down diffusion of a large protein like CaMKII and thus limit the number of CaMKII molecules available for binding. A second possibility is the slow generation of additional binding sites for αCaMKII by structural enlargement of the PSD in the first 5–10 min following potentiation. Interestingly, a similarly protracted time course was reported for the AMPA receptor subunit GluR1 in a previous study, peaking 6 min after induction of chemical LTP (31). The similar time course and the persistent, 2-fold increase in the amount of bound αCaMKII we report here is consistent with a structural role of αCaMKII in anchoring glutamate receptors to the postsynaptic density (7, 32, 33). Under baseline conditions, the amount of bound αCaMKII correlates with spine size and synaptic strength, but the ratio between bound and soluble αCaMKII does not (33). This static picture can be understood in the light of our time-resolved study, where we show that 30–40 min after the potentiation event, the equilibrium between bound and soluble αCaMKII returned to values close to the baseline level, but the absolute amount of αCaMKII in potentiated spines had doubled (Fig. 4d, Fig. S5).

For the inhibition-deficient mutant T305/6VA, we measured a significantly higher ratio of bound to soluble αCaMKII (Fig. 3d), indicating that this ratio depends on the level of αCaMKII activation in the spine. Recently, it has been demonstrated that LTP can be partially reversed by blocking CaMKII activity, providing evidence for its role in the maintenance of synaptic strength (34). In summary, the insertion of additional AMPA receptors, which is the accepted structural correlate of LTP at Schaffer collateral synapses (2), seems to be linked with a lasting increase in spine volume and binding of additional αCaMKII to postsynaptic sites. Here, we show that these changes can be induced with single-spine specificity, validating Hebb’s postulate on the micrometer scale.

Methods

Plasmid Construction. We constructed a single plasmid for neuron-specific coexpression of Chr2-YFP (K. Deisseroth) and dimeric RFP (tDimer2, R. Y. Tsien). Details are provided in SI Text.

Slice Culture and Electrophysiology. Organoctypic hippocampal slices were prepared from Wistar rats at postnatal day 5 as described in ref. 35, in accordance with the animal care and use guidelines of the Veterinary Department Basel-Stadt. Patch-clamp recordings were performed at 30–32°C as described in SI Text.

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